

XL Sports World Hatfield

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XL Hoops Basketball Programs Skill Level Definitions:

We don't judge Beginner, Intermediate and Advanced based off of "where you previously played, trained with, etc." It's based on your skill level and mastery of certain skills/abilities

Beginner- First time ever playing basketball. Doesn't know or have basic fundamentals (dribbling, passing, defense, footwork). Can't get open on the perimeter. Struggles to play in 1-on-1 and 2-on-2 scenarios (playing out of Triple Threat). Can't make layups with any accuracy.

Intermediate- Displays fundamentals (dribbling, passing, defense, footwork) at a functional level. Can utilize fundamentals against other players to score or curtail another player from scoring. Their presence in a game or drill alone will push a team to win. Can make 1-on-1 moves and get open to score with decent accuracy.

Advanced- Fundamentals and skills are beyond their age group. Can use fundamentals to score or curtail other players from scoring with certainty. Focusing more on learning basketball concepts than mastering basketball skills.

#NeverStopPlaying